

## BENCHMARKS OF QUALITY TEAM PLAY

- ❖ Team is able to keep the ball in possession both with and without pressure.
- ❖ Possession of the ball has a purpose. Keeps the ball until the right moments occur to penetrate and attack opposition, ability to slow the pace of the game when necessary to dictate the outcome of results
- ❖ Use of creative individual and team play to maintain possession and as a unit move toward attacking third to develop high percentage opportunities. All players stay focused and engaged with or without the ball.
- ❖ Team exhibits quality speed of play, quick passing amongst players utilizing the smallest number of touches, consistency in wise and quick decision making, and players do not hold the ball in possession without a reason.
- ❖ Players make good decisions on and off the ball. Knowing when to pass, when to hold, when to dribble, when to shoot, how to make space to receive the ball or open space for teammates, give teammate support in anticipation to alleviate pressure and have the technical ability to individually dribble out of pressure when needed.
- ❖ Players consistently communicate to each other during both training and match play. Positive yet direct tone to assist teammates verbally.
- \* Possesses South Valley United "Attitude" Incredibly visible high level of team work, consistently working for each other, playing for each other and always supporting each other.
- ❖ Goal scoring opportunities are created rather than examples of luck. Final third execution is finishing after crosses, finding creative ways to penetrate your opponent through combination play of two or more players, individual creativity leading to brilliance in danger areas and long range shots are hit with power and intention.
- Team knows how to defend individually, as a unit and understands the principles of defending and applies them. Above all, most importantly accepts the desire to defend for their team, with a never give up mentality.
- ❖ Team is always playing the game with great pride and passion for Club, Community and Self.